



# By Shannon Bennett

#### 50 minutes

Preparation time

# 4-8 hours, depending on size of puddings

Míele

Cooking time

18 Serves

# INGREDIENTS

# Pudding

80 ml brandy 200 ml orange juice 100 g mixed peel 100 g currants 100 g sultanas 450 g seedless raisins, chopped 225 g brown sugar 225 g butter, softened 2 eggs, lightly beaten 400 g fresh breadcrumbs 1 teaspoon ground ginger 1 teaspoon mixed spice 1 teaspoon Sea Salt 75 g grated carrot 2 tablespoons milk 2 tablespoons golden syrup 30 g butter, extra for greasing

# 250 g butter125 g icing sugar, sifted1 tablespoon brandy

**Brandy butter** 

# Brandy anglaise

10 egg yolks 80 g caster sugar 1 teaspoon vanilla bean paste 500 ml cream 500 ml full cream milk 60 ml brandy

#### To serve

30 ml brandy, for flaming Brandy butter Brandy anglaise

# METHOD

# Pudding

- 1. Combine brandy, orange juice and all dried fruit in a large bowl, cover with cling wrap and macerate in the refrigerator for 2-3 days.
- 2. Cream butter and sugar on low speed until light and fluffy.
- 3. Add the eggs one at a time, beating well between each addition to ensure it is fully incorporated.
- 4. Using a large spoon, combine the macerated fruit into the egg mixture and stir well.
- 5. Add remaining ingredients and mix well. This is best done with your hands to fully incorporate all ingredients.
- 6. Grease the moulds and or pudding basins with butter and line the base of each mould with

a round of baking paper.

- 7. Divide equally between 18 x cup moulds or into 2 x 1 litre heatproof pudding bowls.
- 8. Cover puddings with a round of baking paper, pleated down the centre to allow for expansion.
- 9. Cover puddings again with foil, also with a pleat in the middle, and place over the baking paper in the same direction as the pleat to allow for expansion.
- 10. Place the puddings on a perforated steam tray. Steam at 100°C for 4 hours for small puddings and 6-8 hours for large puddings, refilling the water in the steam oven when directed.
- 11. Leave the covers on the puddings and allow to cool before storing in the refrigerator until required.

## **Brandy butter**

- 1. Cream butter and sugar on low speed until light and fluffy.
- 2. Add the brandy and beat well until light and fluffy.
- 3. Pipe the brandy butter into swirls on a baking paper lined baking tray and refrigerate for 2 hours until firm. Store in an airtight container and refrigerate or freeze until required.

# **Brandy anglaise**

- 1. Whisk the egg yolks, sugar and vanilla paste in a bowl until the sugar has dissolved and the mixture is light and creamy.
- 2. Add cream, milk and brandy to the mixture, whisk until combined.
- 3. Place mixture into a solid steam tray and cover tightly with cling wrap. Steam at 85°C for 50 minutes.
- 4. Stir with a whisk to break any bubbles on the surface. Pass through a fine sieve, leave to cool.

# To serve

1. Remove puddings from refrigerator and place on a perforated steam tray. Steam at 100°C

for 25 minutes for the small puddings or 1 hour for large puddings.

2. Place the pudding on a large platter. Pour the extra brandy over the top of and ignite with a match. Let the flames subside before cutting and serving with brandy butter and brandy anglaise.

# Hints and tips

- Begin this recipe 3 days in advance to give maximum flavour and plumpness to the fruit.
- Puddings can be kept in the refrigerator for 4 months, well wrapped with cling wrap or frozen for up to 12 months.
- Brandy anglaise can be stored in the refrigerator for up to 4 days.
- Brandy butter can be stored in refrigerator or freezer.