



# Vietnamese coleslaw

## By Shannon Bennett

**25 minutes** Preparation time

**10 minutes** Cooking time

8 servings Serves

# INGREDIENTS

¼ red cabbage
¼ wombok
1 red onion
1 carrot
½ small daikon radish
2 long red chillies
5 spring onions (green onions)
1 lemon, finely zested
1 bunch coriander, washed
2 stems Vietnamese mint
1 clove garlic, crushed
100 g bean sprouts, debearded

## Dressing

60g sugar 60 ml coconut water 60 ml rice vinegar Juice of 2 limes 60 ml fish sauce 125 ml sunflower oil A pinch chilli flakes

# To serve ½ cup roasted crushed peanuts

### METHOD

- 1. Thinly slice cabbage, wombok and onion on a mandolin into a large bowl.
- 2. Change the blade on the mandolin to a "spaghetti" blade and slice the carrot and daikon.
- 3. Slice the chillies very finely lengthways.
- 4. Finely slice the spring onions on the diagonal.
- 5. Pick the leaves of the coriander and Vietnamese mint.
- 6. Combine all the dressing ingredients in a clean screw top jar. Secure the lid and shake well to combine.
- 7. Gently toss all salad ingredients together.

### **To Serve**

1. Dress lightly just before serving and garnish with crushed peanuts.

#### Hints and tips

• A mandolin is a slicer used for slicing very thinly. They are widely available through Asian grocers or online. If you do not have a mandolin, finely slice or use slice attachment

on a food processor.

• Debeard bean sprouts by using your fingers to snap off the stringy tail.