



Pistachio crusted salmon on herbed potatoes

By Donna Hay

20 minutes

Preparation time

45 minutes

Cooking time

4

Serves

INGREDIENTS

Herbed potatoes

1.2 kg red potatoes, sliced

1 brown onion, sliced

1/4 cup (60 ml) white wine vinegar

60 g butter, melted

1 tbsp Dijon mustard

1/4 cup chopped dill leaves

1/4 cup chopped parsley leaves

sea salt and cracked black pepper

watercress and lemon wedges, to serve

Pistachio crusted salmon

4 x 160 g salmon fillets, skin removed

1/4 cup (12 g) chopped dill leaves

2 tsp finely grated lemon rind

11/2 tbsp Dijon mustard

2 tsp honey

11/2 tbsp salted capers, rinsed and

chopped

? cup (45 g) pistachio nuts, roughly

chopped

METHOD

- 1. Preheat the combi steam Pro oven on the Combi mode: Fan Plus at 220°C + 50% moisture.
- 2. Place potatoes and onion into a large deep-sided metal baking dish. Cook for 30 minutes or until soft.
- 3. Combine the vinegar, butter, Dijon mustard, dill, parsley, salt and pepper. Remove potatoes from the oven and evenly pour the over the potatoes.
- 4. Return to the oven and cook for a further 10 minutes or until just tender.
- 5. Whilst the potatoes are cooking prepare the salmon. Combine the dill, lemon rind, Dijon mustard, honey, capers and pistachios and spread over the tops of the salmon.
- 6. Remove from the potatoes from the steam oven and top with the pistachio crusted salmon.
- 7. Cook for 5–6 minutes or until cooked to your liking.
- 8. Transfer onto plates and serve with watercress and lemon wedges.