



Fruit muffins and whoopie pies

By Miele

10 minutes

Preparation Time

20 minutes

Cooking Time

12 Fruit muffins or 15 Vanilla and raspberry whoopie pies

INGREDIENTS

Fruit muffins

125 g butter 165 g (¾ cup) caster sugar 1 tsp vanilla paste 185 ml (¾ cup) buttermilk 2 eggs, lightly beaten 300 g (2 cups) self-raising flour 75 g (½ cup) plain flour 1/2 tsp bi-carb soda 100 g fruit, we used raspberries

Icing sugar, optional

Vanilla.and raspberry whoopie pies

1 x vanilla muffin mix without the fruit 100 g raspberries 200 g butter, softened 320 g (2 cups) icing sugar, sifted 1 tsp vanilla paste

1 1/2 tsp lemon juice

1 tbsp milk

To serve

Miele accessories Icing sugar Baking trays

METHOD

Fruit muffins

- 1. Line a 12 x ½ cup capacity muffin pan.
- 2. Place the butter, sugar and vanilla paste in a saucepan on medium-high heat, induction setting 7, and leave to melt, stirring occasionally.
- 3. Remove from the heat and leave to cool before adding buttermilk and eggs, beating well to combine.
- 4. Sieve the flours and bi-carb soda into a large bowl. Add the butter mixture and stir until just combined. Stir through the fruit.
- 5. Spoon the mixture into the prepared muffin tray and place into the oven on shelf level 2. Select Fan Plus at 160°C and bake for 20 minutes, or until cooked through.
- 6. Turn onto a wire rack to cool completely.
- 7. Dust with icing sugar if desired.

Vanilla and raspberry whoopie pies

- 1. Melt the butter, sugar and vanilla paste in a saucepan on medium-high heat, induction setting 7, stirring occasionally. Remove from the heat and leave to cool.
- 2. Add the buttermilk and eggs to the melted butter mixture and beat well to combine.
- 3. Sieve the flours and bi-carb soda into a large bowl. Fold in the butter mixture and mix until just combined.
- 4. Spoon the mixture into a piping bag fitted with a 1 cm round nozzle and pipe 30 circles of mixture onto silicone or baking paper lined oven trays, approximately 5 cm diameter.
- 5. Place the trays into the oven on shelf levels 2 and 4. Select Fan Plus at 160°C and bake for 12 minutes, or until they spring back when touched. Cool completely on the trays.
- 6. Meanwhile, in the bowl of a freestanding mixer with a whisk attachment, beat the raspberries and butter until smooth. Add the icing sugar, vanilla and lemon juice, and beat on low speed to combine. Add a little milk, if needed, to create a smooth buttercream.
- 7. Turn half the whoopie pie tops to flat side up and pipe or spoon a generous dollop of buttercream. Place the remaining muffin tops on the butter cream and gently press.

Hints and tips

- Use any leftover fruit for the muffin recipe: banana, blackberries, cooked apple, pears etc.
- Whoopie pies are an American treat where two flat cakes are sandwiched together. They are the official treat of Maine.