



Caramelised leek tart

By Donna Hay

10 minutes, plus resting time

Preparation time

35 minutes

Cooking time

8

Serves

INGREDIENTS

1 cup (120 g) plain wholemeal spelt flour Leek filling

½ cup (75 g) plain flour

3/4 cup (60 g) finely grated parmesan

½ tsp table salt

125 g very cold unsalted butter

1/4 cup (60 ml) iced water

3/4 cup (180 g) crème fraîche

2 cups (200 g) grated gruyère

3 tsp Dijon mustard

1 tsp thyme leaves, plus extra sprigs for

topping

1 egg yolk

sea salt and cracked black pepper

2 leeks, trimmed and sliced into 1cm

rounds

20 g unsalted butter, melted

METHOD

- 1. Place the flours, parmesan and salt into a bowl. Using a box grater, grate the butter into the flour. Add the iced water and use your fingertips to mix until a soft dough forms. Refrigerate for 30 minutes or until firm.
- 2. Roll the pastry between sheets non-stick baking paper to a rough 20 cm x 40 cm rectangle until 4 mm thick. Place on a universal baking tray and remove the top sheet of baking paper.
- 3. Preheat oven on Intensive Bake at 180°C.

Leek filling

- 1. Combine the crème fraîche, gruyère, mustard, thyme leaves, egg yolk, salt and pepper. Spread the filling over the pastry leaving a 4cm border.
- 2. Top the filling with the leek slices and brush with melted butter. Fold over the excess pastry to form an edge. Press the sides firmly to enclose filling.
- 3. Place the tray on shelf level 1 and bake for 35 minutes or until the pastry is crisp and golden.

To serve

1. Serve warm or at room temperature.