



Hot and sour Thai broth

By Miele

20 minutes

Preparation time

30 minutes

Cooking time

6 serves

Serves

INGREDIENTS

Broth

2 litres (8 cups) chicken stock 18 uncooked large prawns, peeled and deveined, shells and heads reserved (approximately 1.2 kg) 10 cherry tomatoes, halved 4 eschalots, halved 3 cm piece of galangal (15 g), unpeeled, sliced 3 cm piece of turmeric (10 g), unpeeled, sliced 1 stalk lemongrass, white part only 3 coriander roots, washed well 4 small red chillies, or to taste 4 makrut lime leaves, torn 2 tsp caster sugar 6 button mushrooms, cut into quarters 1 tbsp tamarind puree 60 ml (1/4 cup) warm water 80 ml (? cup) lime juice, or to taste 80 ml (? cup) fish sauce, or to taste

To serve

2 small red chillies, thinly sliced 1 cup coriander leaves (approximately 1 bunch) ½ cup Vietnamese mint leaves (approximately 1 bunch) 2 tbsp fried garlic

Miele accessories

Unperforated steam container

METHOD

- 1. Place the stock in a large unperforated steam container. Add prawn heads and shells.
- 2. Bruise tomatoes, eschalots, galangal, turmeric, lemongrass, coriander roots and chillies with a mortar and pestle. Add to the stock with the makrut lime leaves.
- 3. Steam at 100°C for 25 minutes. Add sugar, peeled prawns and mushrooms to the broth and Steam at 85°C for 2 minutes.
- 4. Once the broth is cooked, remove prawns and place into warm bowls. Pass the broth through a sieve to remove the aromatics.
- 5. In a small bowl, mix the tamarind puree into the warm water to dilute.
- 6. Add tamarind water, lime juice and fish sauce to the broth, according to your taste.

Hints and tips

- Makrut lime (also called kaffir) is the common name widely used throughout Asia, including Thailand, for this delicious ingredient.
- Fried garlic can be purchased at Asian grocers, if you can't find them you can make your own.
- Add noodles to make this a more substantial meal.