



Aussie spritz

By Matt Stone

30 minutes, plus fermentation time

Preparation Time

4 serves

Serves

INGREDIENTS

Fermented strawberry

- 1 punnet strawberries
- 1 litre water
- 4 sprigs lemon verbena
- 1 tbsp honey

To serve

600 ml fermented strawberry liquid

120 ml gin

120 ml Maidenii dry vermouth

1 lemon juiced

4 mint branches, leaves picked and

crushed

METHOD

- 1. Place a clean preserving jar into the steam oven and Steam at 100°C for 15 minutes to sterilise the jar. Allow to cool.
- 2. Place the ingredients into the sterilised preserving jar. Mix well and cover with cloth or towel and a rubber band to seal.
- 3. Leave on the bench to ferment for a minimum of two days, but up to ten days if you prefer a stronger ferment. Once ready, strain off and store the liquid in the refrigerator.

To serve

- 1. Pour all the ingredients into a jug. Give it a good stir and leave to infuse the mint for ten minutes.
- 2. Strain off and store in the refrigerator until ready to serve.
- 3. When guests arrive, pour over ice and garnish with a fresh herbs and flowers.

Hints and tips

• Dried lemon myrtle or lemon leaves can be substituted if you can't source lemon verbena.