



# Chilled seafood salad with pickled shallots, peas, Aleppo chilli and mojo cilantro

By Miele

35 minutes

Preparation time

15 minutes, plus 6 hours pickling time

Cooking time

8 serves

Serves

## **INGREDIENTS**

### Seafood salad

1.5 kg mussels, live | cleaned, de-bearded
1 kg clams, live
200 g shallots | peeled, sliced into rings
350 g prawn tails, raw | no shell
250 g squid tubes | sliced into rings
200 g baby octopus
250 g peas, fresh or frozen and defrosted
2 cups of pea tendrils or micro herbs

# **Pickling liquid**

500 ml water 170 ml white wine vinegar 85 g caster sugar 20 g salt flakes 1 tsp coriander seeds 1/2 tsp Aleppo chilli flakes

# Mojo cilantro

130 g coriander, fresh |
white roots removed
1 garlic clove
1 tsp ground cumin
2 tsp caster sugar
1/8 tsp citric acid
40 ml water
15 ml sherry vinegar
65 ml extra virgin olive oil
1 tsp salt flakes

# To serve

1 tbsp Aleppo chilli flakes

### **METHOD**

## Seafood salad

- 1. Place mussels and clams onto a large perforated steam container with an unperforated steam container underneath. Place into steam oven and Steam at 100°C for 5 minutes. Set a timer for 4 minutes.
- 2. Place the pickling liquid ingredients into an unperforated steam container.
- 3. Place the shallots into a perforated steam container.
- 4. When the timer reaches 4 minutes place both trays into the steam oven and continue cooking.
- 5. Strain the solids from the pickling liquid.
- 6. Remove mussels and clams from their shells and pick out any debris from inside the meat, place in a bowl. Cover with pickling liquid, allow to cool on the bench for 10 minutes then place in the fridge to place for at least 6 hours or overnight. Reserve some of the shells for later.
- 7. Place the shallots in a bowl and cover with pickling liquid, allow to cool on the bench for 10 minutes then chill in the fridge to chill for at least 6 hours, or overnight.
- 8. Place the prawns, squid and baby octopus onto a large perforated steam container with an unperforated steam container underneath. Place into the steam oven and Steam at 70°C for 10 minutes.
- 9. Allow to cool on the bench for 10 minutes then place in the fridge to chill for at least 6 hours, or overnight.

# Mojo cilantro

- 1. Wash the coriander, drain and chop into smaller pieces.
- 2. Place all ingredients into a high speed blender and blend until smooth.

# To serve

- 1. Toss the prawns, squid, baby octopus, ½ cup of the mojo cilantro and the pea tendrils lightly together.
- 2. Drain the mussels, clams and shallots and combine with the peas and ½ tbsp Aleppo chilli.
- 3. Place a little of each on the plate, filling the reserved mussel and clam shells with their meat.
- 4. Place the remaining mojo cilantro and Aleppo chilli on the table for people to help themselves.