



Persian love cake

By Miele

25 minutes Preparation Time

45-50 minutes Cooking Time

12 serves Serves

INGREDIENTS

Cake

12 cardamom pods 200 g butter, softened 150 g brown sugar 4 eggs 100 g self-raising flour, sieved ½ tsp nutmeg, ground 275 g almond meal 1 medium orange, zest and juice 1 ½ tbsp rose water

Syrup4 tbsp caster sugar1 medium orange, juiced1 tbsp rose water

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150 g icing sugar, sieved1 ½ tbsp lemon juice1-2 tsp water

To serve

¼ cup pistachios, chopped¼ cup rose petals

METHOD

Cake

- 1. Preheat the oven on Fan Plus at 160°C, with a rack on shelf position 2.
- 2. Line a 23 cm springform cake tin with baking paper.
- 3. Place the cardamom pods in a mortar and work the pestle to crush and remove the seeds. Discard the pods and grind the seeds into a fine powder.
- 4. In the bowl of a freestanding mixer with a paddle attachment, cream the butter and sugar on medium speed, approximately 3-5 minutes.
- 5. Add the eggs and mix to combine.
- 6. Reduce the mixing speed to low and add the remaining cake ingredients. Mix gently until fully combined.
- 7. Transfer the cake mix into the prepared tin and bake for 45-50 minutes, or until a skewer comes out clean when the cake's centre is pierced.
- 8. Remove from oven and leave in the cake tin. Pour the syrup over the top and stand for 10 minutes before turning out onto a wire rack to cool.

Syrup

- 1. In a small saucepan on medium heat, induction setting 6, add the syrup ingredients and cook for 5 minutes.
- 2. Reduce heat to low, induction setting 2 and keep warm until the cake is ready.

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1. In a mixing bowl, add the icing sugar and lemon juice. Mix to combine with a wooden spoon, before gradually adding cold water until the desired consistency is achieved, the icing should be smooth and relatively thick, but still runny.

To serve

- 1. Pour the icing over the top of the cake and use a spatula to spread evenly, allowing it to drip down the sides.
- 2. Sprinkle with chopped pistachios and rose petals.

Hints and tips

• The cake mixture can be divided into regular or mini cupcake tins for petit fours (bite-sized portions).