



Oven baked paella

By Miele

30 minutes

Preparation time

50 minutes

Cooking time

6-8 servings

Serves

INGREDIENTS

750 ml (3 cups) chicken stock 1/2 tsp saffron threads 125 ml (1/2 cup) olive oil 2 brown onions, finely chopped 2 garlic cloves, finely chopped 1 chorizo, diced into 2 cm pieces 300 g Bomba rice 1 tsp sweet paprika 1 tsp smoked paprika 2 ripe tomatoes, finely chopped 80 g (? cup) tomato puree 1 red capsicum, finely chopped 4 x chicken thighs fillets, cut into 2 cm pieces 200 g shell- on prawns 300 g mixed seafood (mussels, pipis, calamari) 120 g (1 cups) frozen peas

To serve

Lemon wedges Chopped parsley Spring onions, charred

METHOD

- 1. Preheat Oven on Intensive Bake at 200°C.
- 2. In a large saucepan on medium-high heat, induction setting 7, bring the chicken stock to the boil. Add in the saffron and reduce heat to medium-low, induction setting 4. Allow saffron to infuse for 5-10 minutes.
- 3. Heat the oil in an induction compatible casserole dish on a medium-high heat, induction setting 7. Add the onions and cook until translucent. Add in the garlic and cook for a further 2 minutes.
- 4. Add the chorizo into the onion mix, cook for a few minutes followed by the rice. Stir for a further 3 to 4 minutes to lightly toast the rice.
- 5. Add the spices followed by the chopped tomatoes, tomato puree and capsicum. Stir well to coat.
- 6. Add the saffron stock and mix thoroughly. Cover the top of the rice with a sheet of baking paper.
- 7. Place into the oven on shelf level 2. Cook for 20 minutes.
- 8. Add the chicken thighs, prawns, seafood and peas. Gently push into the rice.
- 9. Return the paper to the top of the dish and cook for a further 10-12 minutes or until chicken and seafood are cooked.

To serve

1. Top with lemon wedges, parsley and charred spring onions.

Hint and tips

 Bomba is a short-grain Spanish rice that has the ability to absorb 1.5 times the amount of liquid. Substitute with Arborio rice.