

Miele

Lemon delicious pudding

By Shannon Bennett

15 minutes

Preparation time

25 minutes

Cooking time

12 Servings

Serves

INGREDIENTS

Pudding

70 g butter
200 g caster sugar
5 eggs, separated
1 lemon, zest
100 ml lemon juice (approximately 2 lemons)
60 g self-raising flour
300 ml milk

Moulds

20 g butter 50 g caster sugar

To serve

Fresh cream, to serve

METHOD

Moulds

1. Grease 12 x 160 ml (? cup) ramekins with butter and dust with sugar.

Pudding

- 1. Place the butter, 70 g of sugar, egg yolks and zest in a large bowl and gently whisk to combine.
- 2. Add the lemon juice and gently stir through the flour.
- 3. Add the milk, gently whisk until combined. Mixture will be runny.
- 4. In a separate bowl, whisk the egg whites until soft peaks form, add the remaining sugar and whisk again. Fold into the lemon mixture in 3 separate batches.
- 5. Fill the ramekins 5 mm from the rim.
- 6. Place the ramekins into a perforated steam container. Place into the combi steam Pro oven on shelf position 2.
- 7. Select Combi Mode:

Stage 1: Fan Plus at 165°C + 45% moisture + 16 minutes.

Stage 2: Fan Plus at 165°C with zero moisture + 7 minutes.

8. Once cooked, refrigerate for at least 15 minutes before turning out upside down.

To serve

1. Lightly whip fresh cream to serve.

Hints and tips

• A variation would be to serve with pistachio ice cream and grated pistachio on top.