



# Sticky black rice with coconut cream, ginger syrup and banana

By Miele

15 minutes, plus soaking of rice

Preparation time

1 hour

Cooking time

6 servings

Serves

### **INGREDIENTS**

200g glutinous black rice, soaked overnight in cold water
100g white sugar
½ teaspoon salt
1 pandan leaf, knotted (optional)
2 teaspoons rice flour
2 bananas, sliced to serve
200ml coconut cream to serve
Mint sprigs to garnish

# **Ginger syrup**

30g young ginger, thinly sliced on a mandolin
125g raw sugar
Juice of ½ lime
125ml water

#### **METHOD**

#### Ginger syrup

- 1. Bring ginger, sugar and water to the boil in a small saucepan on medium heat, Induction setting 6, stirring occasionally to dissolve the sugar.
- 2. Reduce heat to low and cook until ginger is translucent. This will take 30-40 minutes.
- 3. Cool completely, then add lime juice and refrigerate until required.

#### Rice

- 1. Drain the rice and rinse thoroughly to remove any excess starch.
- 2. Place rice in a solid steam tray with 300ml of water and steam at 100°C for 1 hour.
- 3. Combine the coconut cream, sugar and salt and pandan leaf in a small saucepan and bring to a simmer, stirring until the sugar dissolves.
- 4. Place the rice flour in a cup and add just enough water to form a smooth paste. Add this to the saucepan and cook until the cream thickens slightly, approximately 3 minutes and then remove from the heat.

#### To serve

- 1. Pour half of the coconut cream mixture over the rice and gently combine.
- 2. Spoon the rice into serving bowls and place sliced banana to the side.
- 3. Drizzle with the remaining coconut cream, top with young ginger and its syrup and garnish with mint sprigs.

# **Hints & Tips**

- Sliced mango in place of the banana is a delicious alternative.
- The ginger syrup will keep in the refrigerator for up to 4 days.