



# Rhubarb brioche tart

By Miele

15 minutes, plus proving time

Preparation time

35 minutes

Cooking time

8-10 servings

Serves

#### **INGREDIENTS**

## Base

330g plain flour
30g castor sugar
30g glacè oranges, diced
7g dried yeast
Finely grated rind of 1 lemon
Finely grated rind of 1 orange
80ml milk, lukewarm
1 egg
1 egg yolk
Juice of ½ orange
120g butter, softened and cubed

## Sugared rhubarb top

80g crème fraiche
40g butter, frozen
80g castor sugar
Finely grated rind of 1 lemon
Finely grated rind of 1 orange
Scraped seeds of 1 vanilla bean
120g rhubarb (approximately 3 stems), thinly sliced

#### **METHOD**

- 1. Combine flour, sugar, glacè orange, yeast, rinds and a pinch of salt in an electric mixer fitted with a dough hook and mix well.
- 2. Whisk milk, egg, yolk and juice until combined and slowly add to the dry ingredients.
- 3. On medium speed, gradually add butter, mixing to form a dough and continue to knead the dough in the mixer for 5 minutes. The dough should be smooth and glossy.
- 4. Transfer dough to a greased bowl and cover with cling wrap. Place in the oven on Prove yeast dough for 1½ hours or until doubled in size. Alternatively, the dough can be proved slowly in the refrigerator overnight.
- 5. Pre-heat oven on Moisture Plus at 180°C, with one burst of steam.
- 6. Turn dough out onto a lightly floured surface and roll to a 28cm round and line the base and sides of a 24cm fluted tart tin, then prick all over with a fork.

### Sugared rhubarb top

- 1. Spread crème fraiche over dough, then coarsely grate butter over.
- 2. Combine sugar, rinds and vanilla seeds in a small bowl and scatter two thirds of the mixture over the brioche, then scatter rhubarb over evenly.
- 3. Scatter the remaining sugar mixture over the rhubarb.
- 4. Place the tart in the oven and dispense the burst of steam. Bake for 20-25 minutes until golden.
- 5. Stand for 15 minutes prior to serving.